

Camino de Santiago Packing List

Necessary:

- ☐ Passport
- ☐ 25-35 liter pack w. waist belt
- ☐ water bottle + camel backs (2-4L)
- ☐ sturdy shoes w. vibram soles
- ☐ 2 pair hiking shorts
- ☐ 2-3 hiking shirts
- ☐ 1-2 sportsbras
- ☐ 1 light pair of long pants / travel skirt
- ☐ 3-4 pair underwear
- ☐ 4 pair of excellent socks (Smartwool, or equiv.)
- ☐ 1 light fleece
- ☐ 1 windbreaker or very light rain jacket
- ☐ emergency plastic poncho
- ☐ rain cover for pack
- ☐ travel size toiletries / hygiene
- ☐ ear plugs + eye mask
- ☐ bandana
- ☐ small laundry detergent/bio-degradable soap
- ☐ pack towel / wash cloth
- ☐ small first aid kit
- ☐ sun hat
- ☐ sunglasses
- ☐ sunscreen
- ☐ travel wallet for ATM cards/ passport/ cash
- ☐ light paperback book to share
- ☐ lightweight & modest sleep-wear
- ☐ swimsuit or equivalent
- ☐ flip-flops (for evenings/showers)
- ☐ custom-made sheet/blanket sleep sack

Extras:

- ☐ hiking poles (strongly recommended for ages 20+)
- ☐ camera/iPhone
- ☐ appropriate chargers
- ☐ very light umbrella for sun & rain
- ☐ watch
- ☐ small clothes line (20')
- ☐ stuff sacks for clothes / laundry / general organization
- ☐ toilet paper + small blue bags
- ☐ extra zip lock bags
- ☐ baby powder
- ☐ small vaseline or chapstick
- ☐

