

## Adult Education April 2018

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# Making a Difference

Sundays, 9:15 a.m., in the Assembly Room, unless otherwise noted

Nassau's engagement in and commitment to local mission runs deep and wide. This year's mission series focuses on three long-standing relationships in Princeton and Trenton. Come both to be inspired by the work in progress and drawn into the stories of the need for justice, advocacy, and helping hands.

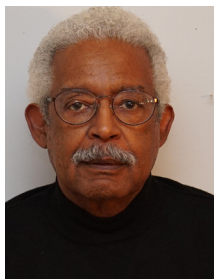
NOTE *There is no Adult Education on April 1 (Easter) or April 29 (Communion).*

Apr  
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### Against All Odds

Denyse Leslie & Ben Colbert

Princeton native, Paul Robeson, was the epitome of the 20th-century Renaissance man. He was an exceptional athlete, actor, singer, cultural scholar, author, and political activist. Several NPC members are working with our Witherspoon Street Presbyterian Church friends to restore and renovate Paul's birthplace at 110 Witherspoon Street. The Paul Robeson House is established as a memorial to Paul's life and his unwavering commitment to equality on behalf of the poor and underserved.



*Denyse Leslie*, Clerk of Session at the Witherspoon Street Presbyterian Church and Vice President of the Robeson House Board; *Ben Colbert*, President of the Board; and Board members from both churches will help us know more about this remarkable man and the exciting plans for his birthplace.

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### Trenton: A Tale of Two Cities

Jane Rohlf Boyer & Adriana Abizadeh

Come for an insider understanding of the city of Trenton and many of the challenges and opportunities Trenton currently faces, including the changing demographics and medical state of affairs, among others.



*Jane Rohlf Boyer*, MD, an internal medicine specialist in Trenton, is also a long-time community activist, enthusiast and supporter. She and her husband Ted know and care deeply about Trenton and about those who live there.



*Adriana Abizadeh* is the Executive Director of The Latin American Legal Defense & Education Fund (LALDEF) in Trenton. She is committed to programs and services focused on the well-being of Latin Americans, their civil rights, and access to health care and education.

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## Free at Last

Jim McCloskey

Come hear Jim McCloskey tell the story of his latest, and one of his “most rewarding” cases. On December 20, 2017, Centurion freed and returned to their eagerly awaiting families three ex-soldiers who had spent 26 years falsely imprisoned for a 1992 Savannah, Georgia murder. From start to finish Jim will walk us through this nonsensical tale of justice going awry and how truth can indeed be stranger than fiction.



*Jim McCloskey* is a current member of Nassau’s session, and the founder of Centurion Ministries, the Princeton based non-profit that works to free persons who have been wrongly convicted.

LEARN SOMETHING? SHARE IT  
#free-at-last

### SPECIAL AUTHOR TALK

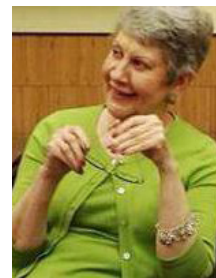
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## Growing in God’s Love: A Story Bible

Carol A. Wehrheim

9:30–10:30 a.m.  
Niles Chapel

Parents, grandparents, Bible story lovers – you are all welcome to join this introduction to a book of 150 Bible stories co-edited by our own Carol A. Wehrheim. Ideal for ages 4–8, these stories are divided into thirteen themes that relate to the lives of children. It is beautifully illustrated with “diverse artwork that appeals to various ages and welcomes all kinds of families to read and imagine a world that accepts everyone in the name of God’s love.” Included with each story are three reflection questions — Hear, See, Act — to help children further ponder the message of each story.



Come and learn ways to use Bible stories with children that nurture Christian faith and inspire love for God and others. One FREE copy per family to those families who have a child, birth to grade two.

*Carol A. Wehrheim*, Christian educator, curriculum writer and editor extraordinaire will lead us. Carol is also the Clerk of Session and leader for the InChoir Bible study for parents on Wednesday afternoons.

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# Retirement on Your Terms

Sundays, 9:15 a.m., in the Music Room

Retirement isn't a rocking chair and a gold watch anymore. There are nearly as many ways to retire as there are retirees, and what works for one may not be the best solution for another. Join us for a series on successful retirement that addresses questions like when to retire, and the impact of work, familial and community engagement, lifestyle, and faith on quality of life in retirement. (Please note that financial planning will not be discussed in this series.)

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15

## Health and Successful Aging

Labros Sidossis

People in the U.S. are living longer and many seniors live active and healthy lives. But there's no getting around one thing: as we age, our bodies and minds change. There are things you can do to stay healthy and active as you age. Come and discuss some of the most important factors associated with healthy aging. Review the health "secrets" of the people leaving in the Blue Zones, areas where people live long and wholesome lives. Participants will have the chance to ask questions on specific "issues" and "difficulties" that they may have faced in their quest to change unhealthy behaviors and attain a healthy lifestyle.

*Labros Sidossis* is currently Distinguished Professor and Chair, Department of Kinesiology and Health, at Rutgers University and Professor of Nutrition at the Department of Nutrition and Dietetics, Harokopio University, Athens, Greece. Dr Sidossis' teaching and research has focused on the mechanisms regulating human health and diseases (e.g obesity, insulin resistance, dyslipidemias, severe burn injuries). He has also studied the factors determining successful aging in populations in the Mediterranean region and the USA.



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## Meaning and Purpose As We Age

Robin Bacon Hoffman

As we age our roles and responsibilities change, but every stage of life presents opportunities for purpose and meaning. Learn strategies for engaging with others, serving, and deepening our faith that can make our retirement spiritually rich, satisfying and happy.

The *Rev. Robin Bacon Hoffman* serves as chaplain to the diverse community at Meadow Lakes, a Springpoint Senior Living retirement community in East Windsor. She earned her M.Div. and Th.M. degrees at Princeton Theological Seminary after careers in chemical engineering and IT consulting. Ms. Hoffman leads a variety of continuing education workshops for Rutgers University School of Social Work, including Positive Aging, Promoting Wellness in Older Adults and Ethics Essentials. She lives in Princeton Junction with her husband Jeff, not far from her daughters and grandchildren.



# 1 Corinthians

Sundays, 9:15 a.m.  
Maclean House (Garden Entrance)  
Meets April 8, 15, and 22



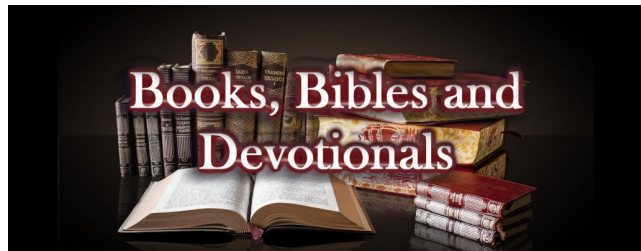
George Hunsinger leads a verse-by-verse examination of the First Letter of Paul to the Corinthians. In this epistle the Corinthian congregation wrestles with doctrinal and ethical issues in conversation with their “founding pastor,” Paul, and Paul offers compelling good news in

his understanding of the cross, the resurrection, worship, and life together in Christian community.

*George Hunsinger* is Professor of Systematic Theology at Princeton Theological Seminary. This is his 21st year leading this Bible study!

# A Book & Bible Sale

Sunday, April 15  
10:15–11:00 a.m. and 12:00–12:30 p.m.  
Assembly Room



Visit the church book sale on Sunday, April 15, from 10:15–11:00 am and 12:00–12:30 pm, featuring Study Bibles, Bible study reference works, previous small group books, and books on theology, social issues, parenting, faith formation, and much more. Come for deeply discounted prices and many freebies.

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#### ADULT EDUCATION COMMITTEE

Larry Alphas, co-moderator  
Lisa Burke, co-moderator

#### STAFF

Joyce MacKichan Walker

#### ADMINISTRATIVE SUPPORT

Lauren Yeh

*Nassau Presbyterian Church*  
61 Nassau Street, Princeton, NJ  
[nassauchurch.org](http://nassauchurch.org)

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#### Thinking Ahead...

**GUSTAV NIEBUHR AND  
THE FIRST AMENDMENT**