FOOD COLLECTION SUPPORTS

ArminArm better together &

Thank you for partnering with your community!

Here are some suggested items, with the greatest need for the first three. No glass containers, or items past expiration, please.

- O Canned *low-fructose* fruit
- O Canned tuna, salmon, chicken, or chili
- O Canned low-sodium vegetables
- O 1 lb. dried beans
- O 2 lbs. rice
- O Canned potatoes
- O 1-2 lbs. pasta
- O Hot or cold cereal
- O Peanut butter
- O Maseca corn flour
- O Shelf-stable milk (e.g., Parmalat)
- O Mac and cheese
- O Olive and canola oil (plastic container)
- O Herbs and spices (plastic container)
- O Honey (plastic container)

We accept fresh produce, too!

Thank you for helping us to support our neighbors in need.

We help neighbors achieve stability through:

- Hunger prevention, nutrition education, & health screenings
- Housing stability & homelessness prevention
- Workforce development & employment readiness

PRINCETON

In Nassau Presbyterian Church 61 Nassau St. 08542

TRENTON

123 E. Hanover St. 08608 48 Hudson St. 08611

Learn more:

609-396-9355 info@arminarm.org www.arminarm.org



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