# Losses Related to Aging

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| ***Five Myths***  ***About Aging******Three Stages of Older Age******Losses & Gains*** **With Aging****Scripture****Philippians 3:7-11****Isaiah 46:3-4** | 1. Senility
2. “You Can’t Teach an Old Dog New Tricks”
3. Chronological Age
4. Older Persons Choose to Isolate Themselves
5. Asexuality
6. The Young Old: newly retired prime of life
7. The Middle Old: slowing down, additional medical concerns, able to care for self
8. The Frail Old: additional physical, financial, and emotional losses, unable to fully care for themselves
9. **Losses**:

Physical Losses, Loss of Job & Community Standing, Loss of Power, Loss of Safety, Loss of Dignity, Loss of One’s Home, Loss of Family & Friends through Death1. **Gains**:

Freedom from Societal Definitions More Time for Relationships Freedom from Fear of Death Spiritual MaturityYet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead.Listen to me, O house of Jacob,all the remnant of the house of Israel,who have been borne by me from your birth,carried from the womb;even to your old age I am your Lord,even when you turn grey I will carry you.I have made, and I will bear;I will carry and will save. |
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