# Losses Related to Aging

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| ***Five Myths***  ***About Aging******Three Stages of Older Age******Losses & Gains***  **With Aging**  **Scripture**  **Philippians 3:7-11**  **Isaiah 46:3-4** | 1. Senility 2. “You Can’t Teach an Old Dog New Tricks” 3. Chronological Age 4. Older Persons Choose to Isolate Themselves 5. Asexuality 6. The Young Old: newly retired prime of life 7. The Middle Old: slowing down, additional medical concerns, able to care for self 8. The Frail Old: additional physical, financial, and emotional losses, unable to fully care for themselves 9. **Losses**:   Physical Losses,  Loss of Job & Community Standing,  Loss of Power,  Loss of Safety,  Loss of Dignity,  Loss of One’s Home,  Loss of Family & Friends through Death   1. **Gains**:   Freedom from Societal Definitions  More Time for Relationships  Freedom from Fear of Death  Spiritual Maturity  Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead.  Listen to me, O house of Jacob,  all the remnant of the house of Israel,  who have been borne by me from your birth,  carried from the womb;  even to your old age I am your Lord,  even when you turn grey I will carry you.  I have made, and I will bear;  I will carry and will save. |
| **NOTES** |  |
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