

11.3.2024

Camino de Santiago

To
Prospective Travelers &
Families

From
Lauren Yeh

CC
Mark Edwards

Re
Summer 2025 Trip
Camino de Santiago



July 15 – 31, 2025

Requirements for travel to Spain:

1. Each participant must have a passport valid 6 months after the estimated return date or January 2026.
2. Each participant under 21 at the time of departure (July 16, 2025) must have a notarized release signed by both parents allowing them to travel to Spain with Mark Edwards & Nassau Presbyterian Church. We will schedule a Sunday between & after services in the spring to handle this for everyone going on this trip.
3. Adults/Chaperones must participate in one of the two First Aid & CPR classes being held for this trip: **dates tbd**

Estimated Costs:

- \$1,200 – Air fare paid by participant/family
- \$575 – Costs paid by Nassau (Airport Transfers, Train Travel, Lodging)
- \$325-450 – Cash on hand for food (3 meals/day x 15 days)
- \$150+ – Misc cash on hand (replenish personal supplies, purchase souvenirs, etc.)

Deadlines:

- November 17, 2024: \$300 Deposit due
This payment is non-refundable if the trip fills (at least 10 paying participants)
- April 27, 2025: Balance due (\$275), along with all forms.
- End of September 2025: any other agreed upon group expenses (airport transfers in US and Spain, for example).

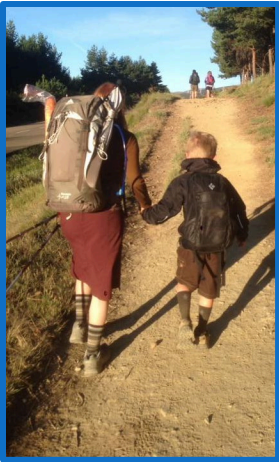
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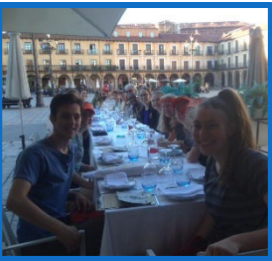


Air & Train Travel:

- Trip begins and ends in the Madrid–Barajas Airport (MAD), participants are responsible for transportation to that point. Mark Edwards/chaperones will meet flights in Madrid.
- Trains: Madrid-Astorga, then Santiago-Madrid: \$110-125
- Participants will be covered travel insurance which includes medical evacuation. The fee for this (\$30/participant) will come out of the deposit already paid to the church. Trip cancelation/interruption insurance is available at an additional cost of 6.5% of total trip expense (for example: \$2,100 of coverage for \$136.50).
- Copies of all travel documentation, including passports, travel insurance, flight schedule, will be made at the mandatory participant meeting in spring 2025 and carried with the trip leader/chaperones during the trip.

Land travel & Lodging:

- Transportation from airports in Spain to lodging/train station unless public transportation is nearby, plentiful and open at the times the group is arriving
- Reserved lodging each night: first & last nights in Madrid, nights on the Camino – hostels/auberges
- A complete itinerary will be issued to all participants/families as soon as the reservations have been made.



Meals:

- Some hostels/auberges will include a small breakfast
- Budget for €20-30 per day for meals
- Mark will host Welcome and Farewell meals in Madrid

Tentative Itinerary:

1. Tue, July 15 – evening, depart Newark Airport
2. Wed, July 16 – morning, arrive Madrid; day in Madrid
3. Thu, July 17 – day in Madrid
4. Fri, July 18 – train to Leon (3 hours)
5. Sat, July 19 – train to Astorga (38 mins);
Begin the Camino - Astorga to Rubanal (20.9 km) ←walking distances
6. Sun, July 20 – Rubanal to Molinaseca (25.6 km)
7. Mon, July 21 – Molinaseca to Villafranca (31.3 km)
8. Tue, July 22 – Villafranca to O’Cebreiro (29.2 km)
9. Wed, July 23 – O’Cebreiro to Triacastela (21.5 km)
10. Thu, July 24 – Triacastela to Sarria (25.5 km)
11. Fri, July 25 – Sarria to Portomarin (23.1 km)
12. Sat, July 26 – Portomarin to Palas de Rei (25.6 km)
13. Sun, July 27 – Palas de Rei to Ribadiso (26.6 km)
14. Mon, July 28 – Ribadiso to Pedrouzo Arca (22.2 km)
15. Tue, July 29 – Pedourzo Arca to Santiago de Compostela (20.8 km)
16. Wed, July 30 – morning in Santiago; train to Madrid (5 hours)
17. Thu, July 31 – morning depart Madrid/afternoon arrive Newark Airport



Packing List

Necessary:

- Passport + travel wallet
- Debit/ Credit Card + Cash (€100-300)
- 20-30 liter backpack w. waist belt
- water bottle / camel back (2 liters)
- sturdy shoes w. vibram soles (boots not needed)
- 2 pair hiking shorts
- 2 hiking shirts
- 1 light pair of long pants / travel skirt
- 2-3 pair underwear
- 2-3 pair of excellent mid-weight socks (Smartwool or equiv.)
- 1 pair very thin liner socks
- 1 long sleeve layer
- 1 windbreaker or very light rain jacket
- travel size toiletries
- ear plugs + eye mask
- 1-2 bandanas
- small dr. bronnens bio-degradable soap
- pack towel / wash cloth
- athletic tape / Compeed / blister kit
- sun hat
- sunglasses
- sunscreen
- lightweight & modest sleep-wear
- flip-flops/crocs (for evenings/showers)
- lightweight travel sleep sack
- baby powder
- 1 small lightweight grocery tote bag
- journal + pens

Extras:

- Collapsible hiking poles (for a must 20+ / ok on planes)
- Lightweight beach-sheet/fabric for towel, privacy, blanket, sun
- rain cover for pack or emergency poncho
- camera/ phone
- appropriate chargers
- 1 small paperback book to read aloud or share
- very light umbrella for sun & rain
- watch
- small clothes line (<20')
- stuff sacks for clothes / laundry / general organization
- toilet paper + small blue bags
- 2 extra zip lock bags
- small vaseline or chapstick

How can I live on so little?

1. Leave it all behind. That's the point.
2. It feels good.
3. We'll wash laundry daily by hand. It's a nice routine.
4. You will still bring too much.
5. You can always buy something you are missing.
6. Matthew 6:25ff

Camino de Santiago



July 15-31, '24

Your pack weight should total 8-10 pounds without water. Light is right.

The many "Ways" of St. James

