

Valentines



for **FOOD**

**Help the Hungry in Mercer
County Feed Their Families**

**SUPPORT ARM IN ARM'S
20TH ANNUAL**

VALENTINES FOR FOOD DRIVE

Did you know that in a single year Arm In Arm provides enough food for its clients to prepare approximately one million meals for themselves and their families? When you support Valentines for Food, you support Arm In Arm's effective response to food insecurity in our area.

Food Donation List

All cans 12-16 oz. No glass containers, please!
Please remember to check the expiration dates.

**MASECA FLOUR
CANNED VEGETABLES
RICE
CANNED PROTEINS
CANNED BEANS
PEANUT BUTTER**

**CEREAL
SEASONINGS
SHELF STABLE MILK
HONEY
CANNED FRUITS
VEGETABLE/CORN OIL**



**Contribute To Our Give Healthy Food Drive
by scanning the QR code**



Now you can **DOUBLE** your support of Arm in Arm! Financial contributions received by February 29th will be **MATCHED** by a faithful group of Nassau Church donors.

**FOR MORE INFORMATION OR TO MAKE A
DONATION, VISIT:**

<https://nassauchurch.org/arm-in-arm-vff/>



We are also collecting
new and gently used
reusable grocery bags.

ArmInArm
better together **40+** years