## **Community Pantry – Share Food & Kindness**

Help us keep Nassau Presbyterian Church's outdoor Community Pantry stocked for neighbors in need. Take this list when you shop and return donations to the Red Wagon in the church building.

Choose ready-to-eat, weather-safe, single-serve foods.

## **Recommended Food Items**

- Tuna or chicken salad snack packs (with crackers or pull-tab cans)
- Peanut or sunflower butter cups/pouches
- Protein or granola bars
- Jerky or meat sticks
- Trail mix, nuts, or seeds (small bags)
- Canned pasta or soup with pull-tabs
- Chili, stew, or beans (pull-tab cans)
- Applesauce or fruit cups (in juice, not syrup)
- Dried fruit or fruit leathers
- Instant oatmeal or cereal bars
- Crackers (individual sleeves)
- Small bottled waters or juice boxes

## **Please Avoid**

- Glass containers and cans without pull-tabs
- Items needing refrigeration or heating
- Large family-size packages
- Home-baked or unlabeled goods